



Merced County

MEMBERSHIP APPLICATION

- Membership options: New Member, Renewal, General Member (\$35), Open Door (Limited Income) (\$3)

NAME _____
STREET _____
CITY _____
PHONE _____
EMAIL _____

ADDITIONAL DONATION

Please consider giving an additional \$50 or more to NAMI Merced County. \$50 pays for one month of office supplies or allows a class to be given.

\$_____ Total Enclosed

Make checks payable to NAMI Merced County or join at www.namimerced.org

I am interested in volunteering for NAMI Merced County. Please contact me at the above address/phone/email.

NAMI Merced County is a 501 (c)(3) non-profit organization. All contributions are tax deductible to the extent allowed by law.

NAMI Merced County Members Receive:

- Bi-monthly affiliate newsletter
Membership in NAMI California and NAMI National organizations
NAMI California Newsletter and NAMI CAN! Reports
NAMI Advocate magazine and national news
Information about conferences, status of bills before legislature (national and California), latest research on mental illness
Access to NAMI California web site and NAMI National web site

Warmlines for Support:

Merced Crisis Lines
209-381-6819
Statewide (888) 334-0163
TDD Toll Free (866) 293-1818

Central Valley Suicide Hotline
Hotline: 1-888-506-5991

Support for Family & Friends



1666 N Street
Merced, CA 95341
(209) 789-NAMI
www.namimerced.org



Merced County

NAMI Merced County is a non-profit grassroots organization dedicated to improving the lives of those with mental

illness through classes, support groups, school training as well as training for professionals.

FREE EDUCATIONAL PROGRAMS

FAMILY TO FAMILY is a 12-week course for family members who want to gain vital information, insight and understanding of their loved one's mental illness. This course is taught by trained NAMI family members who have loved ones with a mental illness.

BASICS is a 6-week course for parents taught by trained parents who are also caregivers of children who developed the symptoms of mental illness in childhood. This program will help families cope with the impact these disorders have on their child and the entire family.

PEER TO PEER is a 10-week course that allows people living with mental illness to explore mental health issues, learn about the major brain disorders and develop coping skills. Socialize with others and find support from others.



FREE TRAINING

PARENTS AND TEACHERS AS ALLIES is for schools and parents. Focuses on helping to understand the early warning signs of mental illness in children & adolescents and how to best intervene and link them with services.

ENDING THE SILENCE is aimed at middle and high school students. Presents information about mental illness and how to counter the stigma and get help for themselves or their friends.

PROVIDER TRAINING presents experiences with serious mental illness to front line staff who work directly with people with severe and persistent mental illness.

CRISIS INTERVENTION TRAINING NAMI Merced partners with law enforcement and mental health providers to train first responders to deal effectively with mental health crises in the field.

IN OUR OWN VOICE is a public education program where individuals who have lived with mental illness share stories that help to enrich the audiences' understanding of how those with mental illness cope and can reclaim meaningful lives.

SUPPORT GROUPS

CONNECTION is a bi-monthly group for those suffering with mental illness. Share, listen and learn from others with similar challenges. Two Wednesdays per month from 5:30—7:00 pm except during peer to peer class sessions.

FAMILY SUPPORT GROUP is for families of a person living with mental illness. Self care is needed to deal with the many challenges you face. Meets on most 2nd and 4th Wednesdays unless there is a national holiday.

Please check the NAMI calendar at www.namimerced.org for specific dates and locations for 2017

GENERAL MEETINGS

BOARD MEETINGS are held the 4th Wednesday of the month 5:30—7:00 pm. At 480 East 13th Street, Merced (middle building, side entrance)

Some classes and trainings available in Spanish. Please call or email for availability.

